

# Star Army Field Rations, Type 30

The [Star Army of Yamatai](#) Type 30 Field Rations are small ration packs in plastic bags, designed to supplement the older, canned [Star Army Field Rations, Type 29](#). Rather than having separate cans with various ingredients, the Type 30 rations include full meals, one meal per baggie. The foods are sterile and have a lot of preservatives in them so they don't need to be refrigerated. Shelf life is about 5 years and the cost is 20 KS each. They are comparable to the [MRE](#) except for the lack of an included heater.

These rations are manufactured on various worlds where suitable farmland is available.

See: [Star Army Type 30 Ration Generator](#)

## Menu

Each meal includes one main course and a random side/dessert item, plus a set of standard side items.

### Main Courses

The following meals are available so far:

1. Black Beans and Yellow Rice
2. Ramen Noodles with freeze-dried veggies and spice pack
3. Shrimp and Grits
4. Sausage Lasagna
5. Penne Arbiato (Spicy pasta noodles)
6. Smoked Salmon
7. Steak, with Peppers and Gravy Packet
8. Cheeseburger with ketchup and mustard packets (no fresh veggies, obviously)
9. Chicken Burrito with refried beans
10. Pepperoni [Pizza](#)
11. Oatmeal and bacon (referred to by troops as the "surprise breakfast")
12. Shrimp Fried Rice
13. Chicken Pot Pie
14. Spaghetti with Meatballs (Tomato Sauce)
15. Beef and Barley Soup The following courses were added in YE 32:
16. Turkey Roast With Gravy and Mashed Potatoes with green beans
17. Spicy chicken tenders with mixed vegetables
18. Barbeque pork sandwich kit and freeze-sized coleslaw
19. Teriyaki chicken and rice
20. Orange chicken and fried rice
21. Honey barbeque chicken tenders and pasta salad packet
22. Chicken sandwich and pickle

## 23. Ham and cheese sandwich

### Sides/Desserts

1. Smoked Almonds
2. Praline Pecans
3. Freeze-Dried Vanilla Ice Cream
4. Pistachio Pudding Mix (add water)
5. Apple Sauce
6. Sweet Potato Soufflé
7. Blueberry Cobbler
8. Diced Pineapples
9. Banana Pudding
10. Chocolate Chip Cookies
11. Fruit Gummy Snacks
12. Chocolate Candy Bar
13. Fudge w/ Nuts
14. Cheese Danish
15. Peach Cobbler
16. Strawberry Cobbler
17. Cherry halves in syrup
18. Mixed fruit with cherries
19. Pear halves
20. Fortune cookies (3) in small crushproof cardboard box
21. Cinnamon apples

### Side Items

These are included with each ration pack:

- Plastic Spork
- Packet of one of the following: (Wasabi, soy sauce (various varieties), or occasionally rice vinegar (various types))
- Salt Packet
- Sugar Packet
- Napkin, Paper
- Napkin, Wet
- Mint Candies (2)
- Tea Bags (2) - random types (green, mint, peach, lemon, English, etc)
- Powdered Miso Soup
- Cheese cubes or cheese spread
- Matches

## OOC Notes

Authored by [Wes](#) and approved by Kim on January 4, 2008<sup>1)</sup>

1)

<https://starmy.com/roleplay-forum/index.php?threads/type-30-rations.1112/>

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